

Volume 33 - No. 3 and 4 –March/April 2016



WING of the ROAD



Published By The American Gold Wing Association

FROM THE DESK OF THE PRESIDENT

Hello:

March is with us and it is time to be thinking about where we would like to ride in 2016. My wife has a list of locations she wants to ride and the snow is on the ground with more to come. Actually I must tell you, we are not in Northern Michigan as in past winters. We purchased a house in Winter Haven, Florida in December and came here for the winter on January 1st. The weather here has been great without any snow under our feet and the temperature is now warming with lows in the 50's in the morning and mid seventies in the day time. Since this was house and no furniture, we have been purchasing furniture and all sorts of house hold items. We will be here until May 1st when we will be going back north for the summer. Our first order of business after returning home is to pack up and head for Roanoke, Virginia for a week to work out the fine details of the rally rides in the area. We were there last fall and got rained out. We did however work on the rides and have some good routes. I will tell you the turns are very tight and this is not the place for speed. Between the tight turns and hills, it will require your full attention on the roadway.



AGWA first received information on February 4th that our web page provider would no longer be in business. Wanda Densmore did some research and found that our web page program was obsolete and needed to be rewritten to be up to date with current laws and the privacy act. Also the AGWA domain was at risk. Thanks to Wanda and her knowledge along with Bill Schoen, Illinois Chapter GW, they were able to secure the web page domain for three years and Bill has completely reconstructed the web page. I am not one to know anything about web pages, but Bill is very knowledgeable. I invite you to take a look at the new web page. Wanda Densmore has several pages in this issue for your viewing and instruction to obtaining full access to the web site.

Gail and I will be your rally hosts in Roanoke and we hope to see you there. We have received about twenty registrations thus far. Enjoy the open road and we will look forward to seeing you somewhere along the way.

Thanks

Owen

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I Thought I Was Taking Care of My Skin

Written by Deb Ford

IL Chapter G

As you prepare for a ride, be it alone or in a group, slathering on the sunscreen is part of the ride. Even when we stop we reapply it. Face, Neck, Arms, whatever is exposed. Some of us, myself included, have gone as far as wearing U/V clothing. Fair skin is a hard thing to live with.

We have all heard the terms “Basil Cell” and “Melanoma”. There are many other types of skin cancer but let’s take a look at the two most common.

Basal Cell Carcinoma is a very common type of skin cancer that makes up 8 out of 10 cases of skin cancer worldwide. Basal cell carcinoma grows in the basal cell which produces new skin cells as old ones die off. It rarely metastasizes or spreads and can be successfully treated with either creams or surgery

Melanoma is a serious and dangerous form of skin cancer. It develops in melanocytes, cells that produce pigment for your skin called melanin. Like squamous cell carcinoma and basal cell carcinoma, the root cause of melanoma is unknown but it is linked to UV radiation. Unlike those conditions, Melanoma can form on intestines and internal organs. If discovered and treated early enough in its growth, melanoma can be cured with a nearly 100% success rate.

Knowing this we all watch our skin for “spots” or “bumps”, etc,

Last August, as I was drying off from a shower I saw a mark on my butt cheek in the mirror. I could not get a good look at it even with a hand mirror due to location. There was no lump or bump, just a mark. I asked Bill to look at it and he said it was a bruise. OK-I get bruises too. And sometimes hitting a bump on the bike can create a black and blue mark.

Two weeks later it was still there and had not changed at all. I had to go into my doctor anyway so I asked him to take a look at it. The very next day I was in to the surgeon’s office for a biopsy. He thought it was just a simple cyst.

He called me with the results and said more surgery was needed and that I would have a lot of questions. What? Um, OK. I’ll see you tomorrow. By the way, what is it? That was the first time I heard the words Merkel Cell Carcinoma. So I hit the internet because I like to be an informed patient and pro-active in my care.

Merkel cell carcinoma (MCC) arises from the uncontrolled growth of Merkel cells in the skin. It is a rare skin cancer with roughly 1500 cases per year in the United States, making it about 40 times less common than melanoma. MCC has the potential to be lethal, and thus prompt aggressive treatment is warranted.

MCC does not have a distinctive appearance. It usually develops on sun-exposed skin (e.g., head, neck, arms) as a painless, firm, flesh-colored to red or blue bump. Frequently, patients seek advice from their doctor because the bump is growing rapidly or the overlying skin is breaking down. Most MCC’s are

diagnosed when a skin biopsy is performed to rule out another sun-induced skin cancer or a cyst. In the vast majority of cases, both the doctor and the patient are surprised by the diagnosis of MCC.

It is believed that ultraviolet radiation from the sun plays a significant role in the development of MCC .

This cancer is found most commonly on sun-exposed areas of the body (e.g., head, neck, arms) in older Caucasian individuals, who may also have other sun-induced skin cancers. There is more MCC in sunny climates (Hawaii) as opposed to areas with less sun (Connecticut). Thus, a history of extensive sun exposure is a risk factor for MCC, though MCC can also occur on sun-protected skin (such as hair-covered scalp.).

So, off I go into surgery. They took a fist size of tissue out of my butt cheek (yes I am lopsided) and three lymph nodes from my groin. A week later I get the pathology report. The butt cheek is clean but all three nodes had cancer. Off to surgery, again. This time they took five lymph nodes and put in a drain. Pathology showed only one had cancer. So, I am diagnosed at a Stage 111B (remember this was a black and blue mark). They all tell me I am lucky because it was caught early and had not metastasized. Now, I do not consider cancer at a sage 111B caught early so I went down to a Merkel Cell specialist at Chicago's Northwestern University. I was told the same thing. I caught this early so no chemo or radiation. My treatment plan is to have PET scans every 3 months for 2 years. This cancer WILL show up again sometime in the

future but for now if it does we will catch it early and treat. I have also developed lymphedema in my leg.

No one can answer how or when or why this appeared on my butt. I am not prone to exposing my butt to the sun. It just happened. So all I can say to all my fellow riders is keep slathering on that sunscreen and wear protective clothing. The rule of thumb is if something on your skin changes, have it looked at.

In my case, the bruise did not heal so I was suspicious. Thank God!

For more information go to:
<http://www.merkelcell.org/>

I am adding a follow up to this....I went in for my first 90 day PET scan and the cancer has shown up in more lymph nodes deep in my pelvis. Surgery is not an option this time so I will be starting radiation treatments next week. I expected this because of the reoccurring nature of this cancer. All I can do is try to stay one step ahead of it and live my life 90 days at a time!



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Hello Everyone

Written By Diane Mastgroslieppe

Pennsylvania Chapter M

Well, I was hoping to make it to the Rally this year, but I am going to have to miss it again. The reason is I need to finish my dissertation, so I can go on a trip next year. Last year I took a well-deserved vacation to the UK, and I will be saving my money to go back again next year, except next time for two weeks.

I flew out of Baltimore, late afternoon on a Thursday, with a stop in NY, arriving in London at 7:30a local time. By the time I got through customs it was a little after nine. I had reserved a bike through HGB Motorcycles in Ruislip Manor in Middlesex, which is just a bit north of Heathrow Airport. (I had the concierge get me a cab, but I would not recommend it, need to find a taxi stand. (It cost close to \$80, and coming back it was less than \$40.) They rent Gold Wings there, but I didn't try to reserve it until early June, so I ended up with an F6B, or a Wing without the truck, and no amenities...and I mean none. There was a radio, but you couldn't get any decent stations, no heated seats or hand grips, no adjustable windshield, it did have ABS, but no GPS, so I relied on my phone (I do have international service with T-Mobile), and had a number of songs as well as the navigation system on it. I also used earbuds – only one – and luckily, I took my full-face helmet, as that is required in the UK. I would highly recommend you check all the rules and regulations before going, but to spite most people's fears, it is not hard to adjust to driving on the left....everyone else is!!

The people at HGB were great, and I had taken a roll cart for my bags and they were happy to keep it there. I met a gentleman who was waiting with a group for one of the Gold Wings to be returned, and the group was heading east and on to Europe for 2 weeks. He was surprised to find out I was alone and going to tour on my own. Most of you know me, so my biggest concern was not my safety...but that of the Brits....lol.

I took bungies to strap down the bags, and in a short time headed out to the Cotswold area of England. (The Cotswold is classified as an Area of Natural Beauty [AONB]). Of course, the M system (their Interstate called a Motorway) was easy to maneuver. From there I transitioned to an "A" road. It was a decent 2 lane, which had pull-offs, but not for pictures. They primarily had trucks in them and there was a food truck there as well – in 90% of the ones encountered. These are pretty much the main roads throughout the area. I found there are also "B" roads, which have numbers, and yellow lines, but they are much narrower...wide enough for two cars, but in some areas, not really, and then there are the cart paths. These are 1-lane roads. If you encounter another vehicle, someone needs to find a driveway to pull into.

The Cotswold is a very historic area, with lots of castles, ruins, and ancient little villages, I traveled north on the M40 toward & through Oxford, but I didn't stop....another reason to go back....and went straight to my hotel in an area called Enstone, near Chipping Norton. I was able to reserve the hotel (through Hotels.com), and lucked out by getting a 4-star resort for only \$70 a night....including taxes. It was fairly

central in the Cotswold area, so I was able to unpack and take day trips.



I was able to check in by 3:00, unpacked, and then went for a ride to find food and explore the area a bit. It was 80 degrees that day, which ended up being the warmest for the week I was there. I stopped at a small establishment, and lucky for me, they had gluten free food options. The waiter there smiled when I said it was sometimes hard to find in the States, and he said, “We’ve been getting your GMO wheat for years, and have had many issues over here. Our medical system determined the problem and now there are many here with the same issue. The US will change eventually.” I had a nice little chat with a few locals and got some recommendations for local places to see.

I went to the Rollright stones that evening, which are similar to Stonehenge, but older, and much more worn away. The Rollright stones are a complex of three Neolithic and Bronze Age megalithic monuments near the village of Long Compton. They say if you walk around the stones clockwise, and count them, you will get one number, and if you start with that same stone and count them in a

counterclockwise manner, you will get a different number...and it is true. It had a distinct energy in and around the stones that is hard to explain, but if you’ve been to Gettysburg, Pearl Harbor, or Bunker Hill, you may understand the feeling.

Saturday turned out to be a beautiful partly cloudy day. Since I was still taking classes, I worked on my studies for a few hours, then rode to Woodstock to visit Blenheim Castle.

It took me a little more than 4 hours to tour the castle and grounds. The castle had a manmade lake and it was simply breathtaking. The pictures I have do not do it justice. There were formal gardens with fountains, an Italian garden with topiary, and as I walked down to the rose garden there was one with bachelor buttons in intricate patterns, which was Churchill’s favorite...suffice it to say it was Churchill’s garden. The roses were beautiful, of course, and from there I wandered down the hill to the dam and water wheel at the base of the lake. Very picturesque. A walk up through the trees along the edge of the lake was relaxing and beautiful. It brought me back up the base of the formal fountain garden area. I grabbed a quick bite at the restaurant there and then headed out again.

From there I rode through a few small villages, just taking in the scenery. The problem is the roads do not have berms to pull over and take pictures. They are also very narrow...granted wide enough for two cars, but from the US standards...barely. I stopped at one village, as they seemed to be having a sidewalk sale. I had made friends with some riders prior to my trip, and they told me about a “battle of the bands” event going on that evening.....so I

looked it up on my GPS, and headed that way. It was a little hole in the wall, but I found two the individuals (one I met during my AF days) I had contacted, and we chatted outside until they were up to play. I then left. The music was Punk....not my cup of tea, but at least I made contact as I promised I would. The gal I knew invited me to join them for dinner the next day and provided me the address of the restaurant. I must have walked 30 miles that day, but only put 300 miles on the bike.

Sunday was foggy, and a bit misty. I asked the concierge about churches and went to the Catholic service in Chipping Norton. It was a very old establishment, and I spoke with the priest afterwards about the history and asked about some other areas locally to visit. I went back to my hotel and studied for a bit before checking out the area near the restaurant I was to have dinner. I found a ruin called Minster Lovell Hall.



It was built around 1440, and had been the home of William Lovell. It sits on the Windrush River, which was very pretty, although not deep. The ruins are considered to be an ancient monument. There is also a church there on the grounds, you actually pass through St Kenelm's churchyard and cemetery to get to the ruins of the hall. The church is also a 15th century structure, but has been well maintained, and still has services.



From there I traversed over to the restaurant. It was a 17th century stone inn with a B&B, called Bird in Hand. It was very quaint, and the food was outstanding! So much for the idea that English food has no flavor. They also had 75% of the menu available as gluten free. I did ask for the recipe of the prawn entrée I had, but they just smiled. Hey, one has to try, right?

Monday dawned with a misty rain. I planned to go to Bath, was 2.5 hours south, but it rained the whole way there and back, and parking was unobtainable at the time....so I'm going back this year and plan to stay in the city and ...as they say...take in the waters. They are mineral springs and the baths have been there since the Romans. I tried to take pictures, but most of them didn't turn out. The main roads in Bath are one way, and wide. The buildings are stone or white brick, and are 4-5 stories tall. I was able to view a bit of the countryside on the way there and back – even through the rain – and there were a number of motorcycles on the Motorway, and the A roads I took there and back.

I had left a bit early, so I headed back to the hotel, where I ate at the restaurant

there. That was not as good as the little place from the night before, and ran me about \$75. Needless to say, I didn't eat there again. I did some studying, and looked at where to go the next day.

Tuesday was a pretty day. Partly cloudy, and mid 70's. I headed toward Bourton on the Water, and stopped to view Chastleton House on the way. It is a Jacobean style country home and a beautiful building built between 1607 & 1612, and does not have parklands, but is situated in the Chastleton village. It was owned by the same family for nearly 400 years. It has barrel-vaulted ceilings, and the great chamber, designed for entertaining, was beautiful.

From Chastleton it was a short ride to Bourton on the Water. It is a tourist area, but is known for its picturesque main street, stone bridges over the Windrush River, and has an ancient history. The historians have found Neolithic pottery (dated around 4000 BC), and of course Roman pottery and coins. It has a number of different attractions, but the village itself is so picturesque. From the 'car park', there are walkways with walls anywhere from 4' high to 12', all of which have the distinct design found in the area. The stone is limestone and the top of the walls are topped with stone on edge. This style was found throughout the area, but was not evident when I came through Oxford, nor in Bath. There was a bird park and gardens, a maze, a motoring museum, some historical crafty and a few other unique touristy things to see. I really enjoyed walking through the village, getting an ice cream, and just enjoying the beautiful day.

I left Bourton on the Water and headed toward Witney. It has a few historical building, one of which was the original Norman church that originated in the 12th century. Witney was known for its woolen blankets since the Middle Ages, and the quality of the blankets were attributed to the water from the Windrush River. While there, I noticed the movie theatre. I missed the release of Minions here in the states, so I decided to catch it while I was there. It was released in the UK the month prior. I really enjoyed it (but so far I have liked every Pixar movie), and by the time it let out, I needed to head back to the hotel.

Wednesday was to be my last full day in the UK. I packed up after studying in the morning, and headed to Sudeley Castle.



The 15th century castle has nine beautiful gardens and a chapel (St. Mary's Sudeley). The church contains the marble tomb of Queen Catherine Parr the 6th wife of King Henry VIII. This is one of the few castles that are still a residence, which is only open to visitors on specific dates, and a section contains the family quarters that remain closed to the public. It is noted to be haunted, but most of the castles are, but here there is more than one ghost. There is one stairway that for centuries many a worker has experienced apparitions and

refused to use. Although the grounds were larger than those of Blenheim were, not all the gardens and lands were open to the public.

From Sudeley I ventured 10 miles down the road to Hailes Abbey. The ruins date back to 1245, but little remains of the original structure. The abbey was settled by Cistercian monks and was a site of pilgrimages after a phial of the Holy



Blood – purchased in Germany in 1270. Although the blood was touted to be a fake, the Abbey was one of the last Catholic religious establishments to comply to the Dissolution Act when the Church of England was established. This is another area that one can feel a distinct energy in the air. Across the street from the entrance to the abbey is Hailes Church. The church is actually older than the abbey having been consecrated in 1175. It contains medieval wall paintings, although they are faded and unrestored, it is interesting to view.

Heading back toward the hotel, I decided to take a few of the “B” roads, and traversed through a number of little villages, saw some incredible scenery, and a number of beautiful churches and manor homes. I decided to stop at the same little pub that I did on my first night. There I ran into a few of the same locals, and one of the people I had met online. The asked me about my trip, and

indicated that many of them had not even visited some of the same places, even though they lived there. They stated I needed to come back and gave me a few ideas for places they have gone on vacation in other areas of England and Wales. Therefore, I’m going back.

It was a different vacation. I was by myself, and although it would have been nice to share some of the adventure with someone else, I know Carmen was with me in spirit. It was also nice to be able to decide where to go, when to go, where and what to eat. It was refreshing, and very relaxing. This year I will continue schoolwork, but will not have class. I am working on the proposal (Chapters 1, 2, & 3) for my dissertation. I am working on submitting it before I go, so I can have a few weeks off, but we shall see. I will probably have to take time to study.

The plan for this coming year is 2 weeks, and to see the southern portion of England starting at Dover, heading west to Plymouth, then north to Wales. I do want to see the cathedral in Gloucester, and a few buildings in Oxford, that were used in the filming of the Harry Potter movies. I will need to map out my destinations and look at obtaining lodging ahead of time. The people I met while there gave me a number of sites for B&Bs and small country inns that can be less than \$50, clean, and outside of the main cities. Airfare is booked – to get the deals – and roundtrip is no more than it was last year.....less than \$800. So, as I save my dimes for this vacation, and search out the bargains, I wish you all smooth roads, warm winds, and sunshine!!

Ride Safely

What's new for AGWA? **AGWA Web Site**

I want to thank Bill Schoen of Illinois Chapter GW for creating our new web site. He has worked hard to give us a modern and secure site. Also Dave Densmore and I have helped and provided some guidance to this process.

Have you noticed the AGWA.com has undergone an upgrade. If you haven't signed on lately, you need to check us out. The site has been completely rewritten and is on a different host provider. The site has been separated between authorized users and the general public. As an AGWA member, you should create an ID and user password. This will permit you to use all of the functions available.

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American Gold Wing Association

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2016 Newsletters
2015 Newsletters

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American Gold Wing Association

The American Gold Wing Association (AGWA) would like to invite you to join our national motorcycle touring organization that is made up of motorcycle owners from all over the United States.

The American Gold Wing Association was founded in 1983 and is chartered by the AMA. A few bikers who wanted to get away from the politics and strict regiment that is present in some of the larger clubs formed AGWA. They wanted a social riding club that was dedicated to fun, friendship, and has a family atmosphere. It's been almost 35 years and we still keep true to founding principles.

AGWA is a club that is membership driven and all officers, national and local, are volunteers only. AGWA currently has four chapters in Illinois so during the summer we keep busy. Whether it's for a breakfast and/or dinner ride, an all day ride or a weekender we are usually riding almost every weekend. Please check the Chapter Reps. list for all the state chapters.

So if you are looking for fun, friendship and family atmosphere from safety conscious club, then come check us out at one of our monthly chapter meetings.

Weather Clock

06:42

Chicago 57.2 °F

Milwaukee 44.6 °F

Roanoke 60.8 °F

02.28.2016

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Please Sign up and check out all the new features of the site. The site contains, listings of all Directors, Chapters, Contact list, Wing of the Road for 2015 & 2016, Upcoming events, Rally Application, Membership Application, Links to other sites, Forum, Photo Albums and Photos' of the items for sale. If you would like to see anything else added to the website, please let us know and we can consider adding.

If you have any questions or problems, please let me know

Wanda Densmore agwa99@frontier.com

In Memory of



Carl J. Oehler Jr.

AGWA and the Illinois chapters have lost a great friend. Carl was a member of Illinois chapter D. He will be missed by the AGWA family. AGWA extends their sympathy to his wife Nancy and their children. Sons, Guy (Dorlene) Oehler and Dennis Oehler. Daughter Arden (Wayne) Grossich and grandson Cody Oehler.

3 F's Fun, Friends and Fellowship

Hello from RI Rhode Island

Written By Judi Quinlan

On the road again...

We began October with a ride to BF Clyde's Cider Mill in nearby CT. Every autumn, Clyde's turns on its steam engine and goes into full swing, infusing the crisp autumn air with the sweet aroma of newly crushed apples. Dave led Deb, Ray, Jack, and friends of Dave's, Brian and Lynn, through the country side to Stonington.

The mill, built in 1898, is the last steam-powered cider mill in New England and the oldest continuous producer of hard cider. The cider industry flourished until Prohibition in 1920, when it became a crime to sell or manufacture alcohol. Despite the ban, Clyde's continued to produce, bootlegging the drink for customers or selling it to producers of vinegar stock. Today, the mill is one of two licensed producers remaining in the state that specialize in hard cider. But apple cider isn't the only thing produced at the mill. They also sell fresh apple-cider doughnuts and apple crisps at the mill's retail shop plus pumpkins, apple wines, jams, salsas, and other specialty items from businesses around New England. After viewing the presses grind up hundreds of apples, it was time for lunch. A stop was made at Mystic Pizza II, a perennial favorite of ours. It was a lovely ride on a picture perfect day despite a threat from Hurricane Joaquin.

It was another busy holiday weekend. It began with a surprise visit to St Theresa's Church and Shrine in Harrisville RI. The Shrine of the Little Flower was the first shrine to honor Saint Theresa of Lisieux (the

Little Flower) and is a place of quiet refuge and spiritual reflection. The windows were designed by one of our own. Judi B created them when employed by Stain Glass Overlays. In addition to marveling at the windows, we explored the grounds, including the outdoor marble and granite chapel, the Scala Sancta or Holy Stairs, a 15 decade living rosary, the Stations of the Cross, and stone relief tablets by world famous sculptor, Amedeo Nardini. Dave, Laurie, Laurie's brother Walt and his friend Bob, Deb, Ray, Lisa, Mike, Bob, Shelly, Judi, Carl, Carolann, Phil, Rico, Mechele, George, and I enjoyed the exquisite windows and the beautiful, peaceful setting.



St Theresa's



Stain glass windows





Scala Sancta or Holy Stairs



St Jude

After viewing the shrine, George led us north for a picnic and monthly meeting at Mt Wachusett, the highest mountain in MA east of the Connecticut River. In winter, it is a local ski venue. In fall, it is a leaf peepers dream. Rising over 2000 feet above the surrounding forest, it is a favorite spot to behold the glorious colors of autumn, offering a 360-degree vista including Mt

Monadnock in NH, the Berkshires in western MA and the Boston Skyline to the east. Unfortunately, we were unable to travel to the top of the mountain. Due to the huge crowds there was no room and the road was closed to traffic. Undaunted, we returned to the bottom where we had our picnic and an abbreviated meeting. In addition to the beautiful foliage, there was live music; a perfect day. Leaving the mountain, Dave led us south to a favorite stop, the Dresser Hill Clam Box and Ice Cream, but of course.



Picnic



Mt Wachusett



Foliage

It was a frigid Sunday as Dave, Laurie, Carl, Judi, Phil, Bob, Brian, Jack, Esther, George and I headed off to meet Mike. After a stop at the Baker's Dozen to warm up, Mike led us on a lovely, albeit cold, ride over country roads in eastern CT. The foliage and scenic vistas were spectacular.



Bundled up and ready to ride



Mike, Brenda, Jeff and Bob



Esther, Jack, George, and I



Carl and Judi



Dave and Laurie

Before returning back to RI, we were invited to Mike and Lisa's where we were treated to a warm and tasty lunch. The homemade soup, corn bread and muffins, biscotti, and cup cakes were all delicious and such a delight. To quote Mike, "as good as the ride was... it was the gathering that was the best part of the day." Laurie kept us in stitches as she regaled us with tales of her

and Dave's escapades. Although it took me at least an hour to thaw out when I got home, it was worth it. Thank you Lisa and Mike for a great day.

Soups on at Mike and Lisa's



Jeff, Brenda, Laurie, and Mike



Jeff, Carl, Judi, Esther, Jack, Phil, Brian, and Judi

Unfortunately rainy weather caused the postponement of Phil's ride to Rena's Pizza and Restaurant in nearby Preston CT. We will plan this one again.

See you all "on the road again", soon

E Mail change

Larry Greco

streaks1963@gmail.com - Home

Lawrence.greco@am.jll.com - New for work

WELCOME **New AGWA Members**

Scott Miglore
1712 Wildberry DR. Unit B
Glenview, IL. 60025-1798
C 847-757-5823
EMAIL miglores@gmail.com

Stanley/Luann Harmon
239 E. walnut ST.
Dyer, TN. 38330-1926
H & C # 731-445-1254

Monique Hubartt
1029 S. Vail Ave.
Arlington Hts. IL. 60005-3156
H & C 847-971-0244
E MAIL mcfbrennan@gmail.com

Pennsylvania Weekender

Written By Crystal Brunetta

Pennsylvania Chapter R

Pennsylvania weekender is Thursday, September 22nd till Sunday, September 25th.

We have chosen the Mount Haven Country Resort in Milford, Pennsylvania.

Address is Log Tavern Road, Milford, PA 18337 Phone number 1-800-553-1530.

Website is: mthavenresort.com

They have big beautiful rooms with Jacuzzis in most of them and fireplaces. They also have a fantastic restaurant with a very large buffet.

We have gotten a package deal per room, based on double occupancy, of \$425.00 plus

9% tax \$38.25 for a total of \$463.25 for Thursday September 22nd to Sunday September 25th. Cost includes dinner Thursday night, breakfast and dinner Friday, breakfast and dinner Saturday and the Sunday Buffet from 8 am to 2 PM before we check out.

Check out their menus. People come for miles around for their food. We have been there before and have not been disappointed.

I have blocked off 12 rooms until August 1, 2016. When you call mention American Gold Wing Association and use my name Crystal. Carol is the one we talked to so if you can ask for her. When you make your reservation you will be required to put half down or \$ 100.00 to hold your room due to the VIP package deal.

Can't wait to see everyone at the Rally and hope a lot of you can attend our Weekender

Election Year

2016 is the AGWA election year. Prepare your slate for president, Treasure. Secretary and Membership director. I suggest you maintain Wanda Densmore as treasurer. Follow the AGWA by-laws when preparing your slate.

First Ride of the Season

Written By Don Oller
Tennessee Chapter F

Our ride Saturday, February 20th, 2016. We had made plans to meet at the Medina Market at 11:00 a.m. to ride to the Greek Buffet in Dyersburg, Tennessee. This is about 60

miles away. But when we got up that morning, it was raining. So we decided to cancel the ride. I sent out an e-mail telling everyone the ride was cancelled. Marion and I rode up to Medina Market just to make sure everyone had seen the e-mail. When we got there, we already had one rider. It had stopped raining in the mean time.

We decided to ride to Dyer, Tennessee to visit our newest members Stanley and LuAnn Harmon. We missed their house and I called LuAnn to meet us and lead us back to their house. We stood around talking and decided to go to a new motorcycle clothing store and patch shop. This store has lots of leather clothing and a large selection of patches. All shapes and sizes. They also have a large selection of shirts for both ladies and gents. Their prices are well within most everyone's budget. The name of the shop is Jus Bike Me. If you get a chance, check them out on Facebook. The people who run this shop are super friendly. They are planning to have a charity cruise-in for the Alzheimer's Association. This will be Sunday, April 24th, 2016 from 11:30 a.m. to 5:00 p.m. in downtown Bradford, Tennessee. Let's try to support this group and these people. Okay.

When we left the shop, we rode thru Trenton, Tennessee and on to the restaurant. The food here is very good and priced so most everyone can afford to eat there. The price is a little over \$7.00 plus your drink per person. If you leave this place hungry, it is your own fault. We left and went our different ways as Stanley and Luann headed to Martin and we headed home. We came via Highway 412 and we did it in a hurry as it was getting cold. Marion can't take the cold now so it was time to get a move on.

Hope to see you all in Virginia. If you are getting to ride, ride safe.

Tennessee Chapter F News

Written by
Marion Oller

Owen said he needed articles for the magazine so here goes from West Tennessee. Not much going on here as the weather has not been great. We have gotten a couple rides in so far this year. We usually ride more but the weather has no been very cooperative. We still have our monthly meeting, but have just a few show up at this time of year. Everyone knows they will get the newsletter and can find out what is going on. This month, we decided to change our charity from Wounded Warriors to St. Jude, LeBonheur, and the Shriner's Hospital. We will send each of these hospitals a check. All of them can use all they can get.

As for Don and myself, we are staying busy with running back and forth to the hospital for my rehab after having my heart valve replaced. I don't drive anymore, so Don has become my chauffer. He sits and waits until I am done, which is about an hour and a half. I think the longer we go, the longer I will be there. I start my third week tomorrow. They have increased my times each time I have been there. I have about four exercises that started out with three minutes and yesterday they went to twelve minutes. Plus I have about three that are still at three minutes each. No telling what the will have me doing tomorrow.

I sure will be happy when the weather decides to warm up so we can start riding again. Since I have gotten older, I cannot take the cold weather but I cannot take the heat either. So what is a person to do? I guess stay in the house. But if you know me, I'm not a stay in the house person. We hope to see you all in Roanoke, Virginia in a couple months. Looking forward to some good riding in that part of the country.

If you are riding, ride safe.
See you soon.

**Thanks to all who
contributed to this
issue of Wing of the
Road.**

**Keep up the good
work, I need articles
for the May/June issue.**

A.G.W.A. Key Registration Form

Name _____

Address _____

City _____

State _____ Zip _____

Make of Bike _____

Year _____ Model _____

Key No. _____

Please fill in all spaces. Copy and mail an
Additional form for other vehicles that you want to
Register, as well as your home.

Send to
Bob Dombrowski,
5 Felton Street, Peabody, MA 01960-8065

If you lose a key that is registered, call Bob
Dombrowski at 978-532-0634. Keep this number in

***Keep the shinny side up
and the rubber side down***

|

TENTATIVE RALLY SCHEDULE

GOLD CLASSIC XXXIII
June 19 thru June 23, 2016
Holiday Inn Tanglewood
Roanoke, Virginia

Sunday, June 19

| | |
|------------|---|
| 9 A.M. - ? | Hospitality Room Open/ Registration |
| 1;30 P.M. | Guided Ride |
| | Relax and renew friendships |
| 10:00 P.M. | 50/50 Drawing (Hospitality Room Closes After Drawing) |

Monday, June 20

| | |
|----------------------|---|
| 8:00 A.M. -5:00 P.M. | Hospitality Room Open/Registration |
| 9:00 A.M. | Guided Ride |
| 6:30 P.M. | Annual Business Meeting |
| 7:00 P.M. | Bingo |
| 10:00 P.M.. | 50/50 Drawing (Hospitality Room Closes After Drawing) |

Tuesday, June 21

| | |
|----------------------|---|
| 8:00 A.M. -5:00 P.M. | Hospitality Room Open |
| 8:00 A.M. | Bike Show Classification |
| 8:30 A.M. | Bike Show Judging |
| 11:00 A.M. | Guided Ride |
| 8:00 P.M. | Ice Cream Social . |
| 10:00 PM | 50/50 Drawing (Hospitality Room Closes After Drawing) |

Wednesday, June 22

| | |
|------------------------|---|
| 8:00 A.M. - 5:00 P.M. | Hospitality Room Open |
| 9:30 A.M. - 11:30 A.M. | Field Events |
| 1:00 P.M. | Guided Ride |
| 5:30 P.M. | Sloppy Joe Supper |
| Dark | Light Show |
| 10:00 P.M. | 50/50 Drawing (Hospitality Room Closes After Drawing) |

Thursday, June 23

| | |
|-----------------------|------------------------------------|
| 8:00 A.M. - 5:00 P.M. | Hospitality Room Open |
| 10:00 A.M. | Guided Ride |
| 12:00 P.M. | Last Chance To Draw Poker Run Hand |
| 5:30 P.M. | Awards Banquet |

All Times Subject To Change Due To Conditions Or Decisions



AMERICAN GOLD CLASSIC XXXIII

Holiday Inn Tanglewood
4468 Starkey Road
Roanoke, Virginia
June 20-June 23, 2016
540-774-4400



NAME _____ AGWA # _____ AMA # _____

DRIVER / PASSENGER #1 _____

DRIVER / PASSENGER #2 _____

MAILING ADDRESS _____

CITY _____ STATE _____

ZIP CODE _____ TELEPHONE # _____

E-mail Address: If you are willing to receive your Rally Registration Confirmation via e-mail, please provide your e-mail address here _____ (print legibly)

Each Rally Registration fee includes: 1 Banquet Dinner and 1 Rally Pin. It also gives you the right to participate in the Bike Show, Light Show and Poker Run, plus all tours, various field events and all other activities.

RALLY REGISTRATION FEES

| | | | |
|----------------------------------|--------------------------|---|--------------------------|
| <u>On or before May 30, 2016</u> | | <u>After May 31, 2016 until June 23, 2016</u> | |
| AGWA Members | _____ @ \$ 45.00 = _____ | AGWA Members | _____ @ \$ 60.00 = _____ |
| Non-Members | _____ @ \$ 55.00 = _____ | Non-Members | _____ @ \$ 70.00 = _____ |
| Children (under 12) | _____ @ \$ 40.00 = _____ | Children (under 12) | _____ @ \$ 55.00 = _____ |
| Total Amount Submitted | = \$ _____ | Total Amount Submitted | = \$ _____ |

RALLY SHIRTS

Special Note: Shirts will **NOT** be available at the Rally. All Shirts **MUST BE** pre-ordered by May 15, 2016.

| | | | |
|--|---------------------------|--|---------------------------|
| T-shirts No Pocket (Mark sizes & quantities) | | Golf shirts (Polo) No pocket (Mark sizes & quantities) | |
| _____ | @ \$ 10.00 = _____ Small | _____ | @ \$ 16.00 = _____ Small |
| _____ | @ \$ 10.00 = _____ Medium | _____ | @ \$ 16.00 = _____ Medium |
| _____ | @ \$ 10.00 = _____ Large | _____ | @ \$ 16.00 = _____ Large |
| _____ | @ \$ 10.00 = _____ XL | _____ | @ \$ 16.00 = _____ XL |
| _____ | @ \$ 12.00 = _____ XXL | _____ | @ \$ 18.00 = _____ XXL |
| _____ | @ \$ 12.00 = _____ XXXL | _____ | @ \$ 18.00 = _____ XXXL |
| _____ | @ \$ 12.00 = _____ XXXXL | _____ | @ \$ 18.00 = _____ XXXXL |
| Total Amount Submitted | = \$ _____ | | |

Send Registration Form and Fees to:

Gail Toomey
7032 Aarwood Trail NW.
Rapid City, MI 49676
1-231-676-2617
E mail owegal@hotmail.com

For more information, contact:

Owen Toomey
7032 Aarwood Trail NW.
Rapid City, MI 49676
Phone 1-231-676-2617
E mail owegal@hotmail.com

For Hotel Reservations call:

Holiday Inn Tanglewood
540-774-4400
Mention you are with the American Gold Wing Association to get the Room Rate of \$85.00 per night (including tax)

No rally refunds after June 1, 2016

(room rate held until May 20, 2016)

Enclose Check or Money Order, **Payable to AGWA**

Recipes

Southern Coca Cola Cake

Submitted by Marion Oller

Preheat oven to 350 degrees. Grease a 9 X 13 pan.

Mix: 2 cups all purpose flour

2 cups sugar

1 tsp baking soda

½ tsp salt

½ tsp cinnamon

In a saucepan, heat until it boils:

1 cup butter

1 cup Coca Cola

¼ cup cocoa

½ cup buttermilk

Remove from heat and add to flour mixture. Then add:

2 eggs

1 tsp vanilla

Mix and bake 30 minutes.

Glaze ½ cup butter

¼ cup cocoa

½ cup cola

Once it boils, remove from heat and add 4 cups powdered sugar until smooth then add 1 cup chopped nuts. Pour over hot cake.

CHERRY PINEAPPLE CABANA CAKE

Submitted by Catherine Cole

1 20 oz. can crushed pineapple in juice (do not drain)

1 21 oz. can Cherry Fruit Filling & Topping

1 18.25 oz. package yellow cake mix

1 cup butter, melted

1 7 oz. bag coconut, shredded (optional)

1 cup walnuts, chopped

Preheat oven to 350 degrees. Grease a 9 x 13 inch pan. Layer undrained crushed pineapple, cherry fruit filling. Sprinkle dry cake mix over the top, pour melted butter, covering evenly. Top with the coconut (if desired) and nuts. Bake to 50 to 60 minutes or until brown on top.

Amish Cinnamon Bread

No kneading, you just mix it up and bake it

Batter:

1 cup butter, softened

2 cups sugar

2 eggs

2 cups buttermilk or 2 cups milk plus 2 tablespoons vinegar or lemon juice

4 cups flour

2 teaspoons baking soda

Cinnamon/sugar mixture:

2/3 cups sugar

2 teaspoons cinnamon

Directions

Cream together butter, 2 cups of sugar, and eggs. Add milk, flour, and baking soda. Put 1/2 of batter (or a little less) into greased loaf pans (1/4 in each pan). Mix in separate bowl the 2/3 c sugar and cinnamon. Sprinkle 3/4 of cinnamon mixture on top of the 1/2 batter in each pan. Add remaining batter to pans; sprinkle with last of cinnamon topping. Swirl with a knife. Bake at 350 degrees for 45-50 min. or until toothpick tester come clean.

Cool in pan for 20 minutes before removing from pan.

Salisbury Steak and Mushroom Gravy

1 pound lean ground beef (sirloin)

1 (10-ounce) can cream of mushroom soup, divided

1/2 cup Italian bread crumbs

1 egg, lightly beaten

1/4 cup chopped onions

1/2 teaspoon salt

1 teaspoon pepper

1/2 teaspoon minced garlic

1 tablespoon olive oil

2 tablespoons butter

1 (8-ounce) package sliced fresh mushrooms

2 cups low-sodium beef broth

1 (1.2-ounce) packet McCormick (or any brand) brown gravy mix

In a large bowl, combine beef, 1/4 can mushroom soup, bread crumbs, egg, onions, minced garlic, and seasonings. Mix thoroughly and shape into 4 oval patties. If you find that your patties are too loose and wet you can add a little more breadcrumbs ...but not too much. Heat olive oil and 1 tablespoon butter in large skillet over medium-high heat. Brown patties on both sides and transfer to a plate.

Add remaining butter and saute mushrooms for 7 to 8 minutes.

Add beef stock and whisk in gravy mix until smooth. Stir in remaining mushroom soup. You can add up to a 1/4 more broth for thinner gravy. Return patties to skillet and spoon gravy over top. Cover pan and simmer for 20 to 25 minutes.